Eric C. Frank, LCSW

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EDUCATION:

MASTER OF SOCIAL WORK

December 1998

Our Lady of the Lake University, San Antonio, Texas

BACHELOR OF SCIENCE - APPLIED SOCIOLOGY

December 1993

Southwest Texas State University, San Marcos, Texas

EXPERIENCE:

CBP EAP Clinician

August 2022 - present

EAP CONSULTANT DBA ESPYR, SAN DIEGO, CA

- Provide short-term counseling to employee of Customs & Border Protection across California
- Provide care coordination, resource management, & critical incident response as needed

Licensed Clinician, MCRT

June 2022 - present

MOBILE CRISIS RESPONSE TEAM

TELECARE CORPORATION, SAN DIEGO, CA

- Provide mobile crisis counseling and assessment services for individuals across all regions of the County
- Provide care coordination and resource management post-crisis

Part-time Lecturer, Field Faculty - Social Work

Aug. 2021 - present

Sept. 2011 - present

SAN DIEGO STATE UNIVERSITY, SAN DIEGO, CA

- Provide instruction for MSW students as a part of their practicum experience
- Provide interface with agency partners to address instructional needs and support the practicum process
- Engage in Field Faculty planning for future student placements

Private Practice

STRATAGEMA - AN LCSW CORPORATION, SAN DIEGO, CA

- Provide psychotherapy to adult and adolescent clients experiencing an array of difficulties. Specializations include juvenile delinquency, family issues, child abuse, chemical and behavioral addictions, obsessive compulsive disorders, panic, and phobic disorders
- Familiar with military culture, child welfare services, & Medi-Cal standards

Clinical Supervisor

January 2008-Sept. 2022

MENTAL HEALTH SYSTEMS INC., San Diego, CA

• Provide clinical supervision to Associate level clinicians placed in various mental health & substance treatment programs

- Provide consultation with program managers regarding implementation of co-occurring treatment
- Provide program development and direct service as needed

Adjunct Assistant Professor

August 2013-Nov. 2020

UNIVERSITY OF SOUTHERN CALIFORNIA,

DWORAK-PECK SCHOOL OF SOCIAL WORK

- Provide graduate level instruction for MSW students, both the classroom and field settings
- Courses: Human Behavior & Social Environment; Social Work Practice with Individuals; Leadership; Brief Therapy & Crisis Intervention; Theories of Mental Health; Systems of Integrated Care; Advanced Practice with Complex Cases

Crisis Interventionist

June 2008-June 2021

SAFETY ALERT INC., San Diego, CA

- Provide mobile crisis counseling and assessment service individuals that are consumers of the San Diego Regional Center
- Provide consultation and supervision as complex cases

Training Director

July 2005 - Dec. 2015

FAMILY THERAPY INSTITUTE, EL CAJON, CA

- Conducted trainings on Brief Strategic Therapy for therapists and paraprofessionals
- Provided psychotherapy to adult and adolescent clients experiencing an array of difficulties. Specializations include juvenile delinquency, child abuse, eating disorders, obsessive compulsive disorders, panic, and phobic disorders
- Supervised and develops cross cultural implementation of therapeutic protocols

Clinical Supervisor

July 2009 - Dec. 2009

HOME START, INC., SAN DIEGO, CA

- Provided clinical supervision to ASW and MFTi clinicians placed across several agency programs
- Provided quality assurance for documentation standards
- Provided consultation to program managers

Clinical Social Worker

January 2008 - Apr. 2009

DELTA-T GROUP, INC.

R. J. Donovan Correctional Facility, Chula Vista, CA

- Provided group therapy for inmates
- Conducted crisis assessments and follow-ups
- Consulted with correctional staff as needed

Clinical Director July- Nov. 2007

SAN DIEGO YOUTH AND COMMUNITY SERVICES, INC.

Behavioral Health Clinic/Teen Recovery Center, El Cajon, CA

- Managed a Medi-Cal counseling & prevention program for youth at risk for delinquency due to mental illness
- Provided psychotherapy to delinquent youth and their families using brief-strategic therapy
- Provided clinical supervision to a team of MFT's, intern, and social workers treating juvenile delinquents, victims of abuse and neglect
- Monitored budget and implemented of strategies to optimize fiscal performance
- Provided training and supervision to all clinic employees
- Provided clinical supervision to practicum students and intern level therapist throughout the agency
- Conducted seminars to community on issues related to mental health, parenting, and childhood development
- Developed dual diagnosis protocols and program design for adolescent drug treatment
- Provided treatment for youth with AB2726 services
- Provided clinical supervision and oversight for youth with AB2726 Services
- Oversaw all aspects of program development, implementation, evaluation, and maintenance
- Recruited, trained, and supervised licensed mental health staff, interns, social workers, and rehab staff on work procedures
- Billed Medi-Cal for service provision, and ensured compliance with Medi-Cal standards
- Participated in and oversaw all county-required performance outcome project measurements
- Managed school-based and clinic-based mental health services

Program Manager/Clinical Supervisor

July 2005 - July 2007

SAN DIEGO YOUTH AND COMMUNITY SERVICES, INC. East County Behavioral Health Clinic, El Cajon, CA

- Provided clinical supervision to a team of MFT's, intern, and social workers treating juvenile delinquents, victims of abuse and neglect
- Co-facilitated training and supervision to practicum students and intern level therapists
- Implemented training in monitoring of quality assurance in compliance with contractual guidelines
- Billed Medi-Cal for service provision, and ensured compliance with Medi-Cal standards
- Assisted the Clinical Directed to monitor budget and implementation of strategies to optimize fiscal performance

- Assisted in the development new treatment protocols using brief-strategic therapy for delinquency, self-injury, and disruptive behaviors
- Provided clinical supervision to practicum students and intern level therapist throughout the agency
- Trained and developed staff to maintain collaboration with outside agencies
- Provided clinical supervision and oversight for youth with AB2726 Services
- Conducted seminars to community on issues related to mental health, parenting, and childhood development

Team Leader July 2002 - June 2005

SAN DIEGO YOUTH AND COMMUNITY SERVICES, INC.

East County Behavioral Health Clinic, El Cajon, CA

- Provided direct administrative supervision of clinic staff
- Provided quality assurance of MediCal regulations and clinical documentation
- Co-facilitated training in Strategic/Brief Strategic Therapy
- Provided supervision and training to MSW students
- Maintained and developed community partnerships with local school districts, law enforcement agencies, and social service agencies

School-Based Clinician

Sept. 2000 - June 2002

SAN DIEGO YOUTH AND COMMUNITY SERVICES, INC.

East County Behavioral Health Clinic, El Cajon, CA

- Provided family therapy for children and adolescents in the San Diego East County area
- Participated in outreach and collaboration with Lakeside Union School District in providing ongoing mental health services

Clinical Social Worker

Feb. 1999 - Aug. 2000

THE LABOURE CENTER

Family Intervention Program, South Boston, MA

- Provided individual, family, and group therapy for children and adults
- Collaborated with community agencies in order to improve service delivery to the adolescent population

MSSW - Intern August - Dec. 1998

UNIVERSITY HEALTH SYSTEM

Outpatient Psychiatry Services, San Antonio, TX

- Provided psychosocial assessments
- Provided case management
- Provided individual and group therapy to adults

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• Coordinated patient services with staff psychiatrists

MSSW - Intern Sept. 1996 - May 1997

SAN ANTONIO INDEPENDENT SCHOOL DISTRICT

Bonham Elementary School, San Antonio, TX

- Provided individual, family, and group interventions for elementary school population
- Developed community partnerships

Counselor-in-Charge

May 1995 - Dec. 1998

YOUTH ALTERNATIVES, INC.

The Bridge Emergency Shelter, San Antonio, TX

- Provided direct care of youth
- Provided crisis intervention and community support
- Provided administration and supervisory duties as needed
- Planned shelter activities

Youth Care Worker/Counselor

Oct. 1994 - Apr. 1995

MIDDLE EARTH YOUTH OPTIONS

Spectrum Emergency Shelter, Austin, TX

- Provided direct care of youth
- Provided crisis intervention and phone support for agency hotline

POST GRADUATE TRAINING:

MENTAL RESEARCH INSTITUTE	Palo Alto, CA
Brief Therapy & Strategic Therapy Course (6 hours)	July 2001
Strategic Family Therapy (6 hours)	November 2001
Strategic Family Therapy Intensive (18 hours)	July 2002
Strategic Therapy Consultation (36 hours)	July 2003 - June 2004
Brief Therapy Intensive (18 hours)	July 2004

MADANES INSTITUTE La Jolla, CA Strategic Family Therapy (36 hours) June 2003- June 2004

CENTRO DI TERAPIA STRATEGICA (CENTER FOR STRATEGIC THERAPY) Brief Strategic Therapy Intensive (18 hours)	Arezzo, Italy March 2003
Brief Strategic Therapy (18 hours)	October 2004 April 2005 October 2005 March, 2006

AMERICAN ASSOC. OF BRIEF & SYSTEMIC THERAPISTS San Diego, CA

International Congress of Brief, Strategic, and Systemic Therapies (15 hours - speakers) Advanced Brief Strategic Treatment for Compulsive Disorders September 2008

FAMILY THERAPY INSTITUTESan Diego, CABrief Strategic Therapy Intensive (60 hours)August 2007Brief Strategic Therapy Intensive (30 hours)August 2010

CERTIFICATIONS& MEMBERSHIPS:

CALIFORNIA BOARD OF BEHAVIORAL SCIENCES

Licensed Clinical Social Worker (LCS#22363)

AMERICAN ASSOCIATION OF BRIEF AND SYSTEMIC THERAPISTS *Clinical Founding Member*

PUBLICATIONS:

Hybarger, C & Frank, E. (2007). Opposing and Defiant. *British Association for Counseling and Psychotherapy, Counseling Children and Young People*, 18-24.

Hybarger, C & Frank, E. (2009). In-session Techniques for Couples. *Journal of Brief, Strategic, and Systemic Therapies* 3(1), 3-14.