

KATHLEEN M. PHELPS, LCSW

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PROFESSIONAL EXPERIENCE:

SAN DIEGO STATE UNIVERSITY, SCHOOL OF SOCIAL WORK, San Diego, CA

Lecturer, Field Faculty Liaison, *August 2014 to Present*.

Instruct students, both undergraduate and graduate, related to their social work internships. Act as a liaison between the community agency and the university to bridge the classroom and practical learning in the social work field. Teach theories, interventions and techniques to students learning clinical skills to use with their clients.

KATHLEEN PHELPS, LCSW, San Diego, CA

Therapist, *January 2003 to Present*.

Therapist in a private practice setting and consultant to organizations for training and clinical supervision of social services staff. Provide consultation for EMDR trained therapists working towards certification.

TRAUMA RECOVERY EMDR HUMANITARIAN ASSISTANCE PROGRAM (Volunteer), International.

Training Facilitator, *May 2021 to Present*.

Facilitating low-cost trainings in EMDR therapy with clinicians who work at non-profit agencies. Working to treat victims of trauma and crises worldwide by expanding access to EMDR trained professionals.

UNIVERSITY OF PHOENIX, San Diego, CA

Psychology Lead Faculty Area Chair, *September 2010 to January 2017*.

Managed the San Diego Psychology Program of this international teaching institution. Responsible for coordinating forty-three instructors' uniform delivery of course objectives within set performance standards, monitoring instructors adherence to administrative protocols, planning and designing the development and delivery of new programs, and evaluating, disciplining and coaching instructors while encouraging their continuous improvement. Additionally, started the now flourishing Honors Psychology Club for students in 2012.

Faculty, *January 2006 to January 2017*.

Instructed undergraduate classes in the Human Services and Psychology Programs, as well as graduate classes in the Marriage and Family Therapy Program both in person and online.

KAISER PERMANENTE, Department of Psychiatry and Addiction Medicine, El Cajon, CA

Psychosocial Clinician II, *April 2000 to June 2016*.

Therapist for individuals, families and groups over various ages, cultures, and diagnoses in a health maintenance organization, brief therapy setting. Served as the Eating Disorder Case Manager for San Diego County Kaiser. Groups included: eating disorders, couples communication, cognitive behavioral skills for depression and anxiety, work stress, and Dialectical Behavioral Therapy for personality disorders. Supervised second year graduate social work interns from San Diego State University (2002-16).

MENTAL HEALTH SYSTEMS, INC. San Diego, CA

Clinical Supervisor, *April 2003 to July 2005*.

Clinically supervised case managers and clinicians in various programs working on their hours towards licensure and/or Masters degrees (MFT's and LCSW's).

CALIFORNIA PSYCHIATRIC MANAGEMENT SERVICES: Bayview and VillaView Hospitals, Chula Vista, CA

Social Worker/Case Manager, *July 1998 to January 2003*.

Case manager for psychiatric hospital outpatient services, facilitating group and individual therapy, assessments and treatment planning for mentally ill adults. Instrumental in developing new outpatient services program at VillaView Hospital.

SAN DIEGO POLICE DEPARTMENT CRISIS INTERVENTION TEAM (Volunteer), San Diego, CA

Crisis Interventionist, *September 1999 to October 2000*.

Provided on-call services for crisis calls from the police; offered crisis intervention counseling and emergency referrals to victims, family and friends.

EDUCATION:

SAN DIEGO STATE UNIVERSITY, San Diego, CA

Master of Social Work, *May 1997*.

Concentration in Mental Health

UNIVERSITY OF CALIFORNIA SAN DIEGO, San Diego, CA
Bachelor of Arts, Psychology, *June 1993*.

CERTIFICATIONS:

Trauma Recovery EMDR Humanitarian Assistance Program, Certified Facilitator, *2021*.

EMDR International Association Approved Consultant Certification, EMDRIA, *2019*.

EMDR International Association Certification, EMDRIA, *2017*.

EMDR Level I & II, EMDR Institute, *2016*.

Certified in Dialectical Behavioral Therapy, Behavioral Tech: The Linehan Institute Training Company. *2001*.

LICENSE: **Licensed Clinical Social Worker**, *December 2000 (LCS20058)*