

Kayla Whaley

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ACADEMIC POSITIONS

AUGUST 2021 – PRESENT
SAN DIEGO, CA

PART-TIME LECTURER AND FIELD FACULTY – SOCIAL WORK

SAN DIEGO STATE UNIVERSITY

Provide instruction on direct practice, clinical social work for MSW students and facilitate practice seminars for undergrad and graduate level interns. Liaison between community field placements and students.

DIRECT PRACTICE POSITIONS

JANUARY 2021 – PRESENT
SAN DIEGO, CA

PRIVATE PRACTICE – LICENSED CLINICAL THERAPIST

Provide individual psychotherapy to adults seeking support with various psychosocial stressors. Incorporation of integrative evidenced based modalities of mental health care. Specializations include trauma, PTSD, spirituality, intersectionality for historically marginalized communities and military population

AUGUST 2016 – JULY 2022
SAN DIEGO, CA

LICENSED CLINICAL SOCIAL WORKER

SHARP MESA VISTA PSYCHIATRIC HOSPITAL

Provided psychoeducation, individual and group therapy in an intensive outpatient setting to those experiencing PTSD and other trauma related diagnoses. Focus on neuroscience of mental health and client skill building using evidenced based therapies (CBT, ACT, CPT, mindfulness)

MAY 2020 – MAY 2022
SAN DIEGO, CA

CLINICAL SUPERVISOR

SHARP MESA VISTA PSYCHIATRIC HOSPITAL

Provided individual clinical supervision to MSW and BSW level interns on a weekly basis. Developed training materials for use with new staff/interns on diverse topics including self-care, trauma-informed psychotherapy and mindfulness/self-compassion

MAY 2016 – AUGUST 2016
SANTA CRUZ, CA

TECHNICAL POLICY WRITER (CONTRACTED)

HOMELESS SERVICES CENTER

Developed program manuals and policies and procedures for various programs. Trained staff on new and existing information. Collaborated with program management and frontline staff to review, analyze and summarize information for program use

MAY 2016 – AUGUST 2016
SANTA CRUZ, CA

HOUSING SPECIALIST SUPERVISOR (CONTRACTED)

SUPPORTIVE SERVICES FOR VETERAN FAMILIES

Supervised case managers regarding case planning, housing stabilization and community organizing. Trained staff in areas of tenants' rights and American with Disabilities Act (ADS). Developed housing training manuals for new staff/interns. Worked under Veteran Affairs grant

AUGUST 2015 – MAY 2016
SORRENTO VALLEY, CA

MEDICAL SOCIAL WORKER

LIGHTBRIDGE HOSPICE AND PALLIATIVE CARE

Provided in-home and facility patient intakes, assessments and discharges. Educated patients and families on long-term care placement, stages of grief and end of life care. Collaborated with interdisciplinary team

AUGUST 2015 – MAY 2016
SANTA CRUZ, CA

HOUSING SPECIALIST CASE MANAGER

SUPPORTIVE SERVICES FOR VETERAN FAMILIES

Provided case management, rapid rehousing and homeless prevention strategies to veterans experiencing homelessness. Facilitated intern and volunteer training on client/provider relationship. Developed case plans, community resource referrals and advocacy for clients

EDUCATION

2017

MASTER OF ARTS IN SOCIAL WORK: EMPHASIS IN DIRECT PRACTICE/CLINICAL

SAN DIEGO STATE UNIVERSITY

2014

BACHELOR OF ARTS: DOUBLE MAJOR IN SOCIOLOGY AND HISTORY

EMPHASIS: POLITICAL AND SOCIAL MOVEMENTS

UNIVERSITY OF CALIFORNIA SANTA CRUZ

AWARDS AND FELLOWSHIPS

Student Success Fee: *Beloved Community Series* – February 2023 (\$57,000)

As the faculty advisor for an MSW student organization, guided the development of a proposal emphasizing campus inclusivity utilizing anti-racism, diversity, equity and inclusion principles. Awarded funds used for event featuring Dr. Ibram X. Kendi of which I was faculty liaison.

Inclusive Excellence Faculty Fellowship – Summer 2023 (\$1,500)

Funding utilized to create learner-centered syllabi incorporating anti-racism, diversity, equity and inclusion principles.

LICENSES AND CERTIFICATIONS

- Licensed Clinical Social Worker – California
- Somatic Experiencing Practitioner Certification – anticipated 2024
- Integral Somatic Psychology Certification – anticipated 2024
- Cognitive Processing Therapy Certificated – 2019
- Breathwork Facilitator Certified – 2023

SERVICES

Services for the Department (SDSU School of Social Work)

- Anti-Racism, Diversity, Equity, and Inclusion (ADEI) Taskforce – PRESENT
- Faculty Advisor – Social Workers of Color Student Organization 2022 – PRESENT

Service for the University (SDSU)

- College of Health and Human Services ADEI Council – PRESENT

Community

- California Society for Clinical Social Work – ADEI Committee – PRESENT

PROFESSIONAL AFFILIATIONS

- National Association of Social Workers (NASW)
- American Sociological Association
- Somatic Experiencing International
- California Society for Clinical Social Work (CSCSW)