

Process Recording Outline

The following paragraphs provide an explanation of each item that appears in this Process Recording Outline, Section II.

INTERVIEW CONTENT: Record in this section, using a dialogue format, significant ongoing exchanges that you thought were important in your interaction with the client(s).

DESCRIBE CLIENTS FEELINGS/AFFECT: Record how you perceived the client(s) was feeling moment-to-moment as the activity or verbal interchange was taking place.

DESCRIBE YOUR GUT LEVEL FEELINGS: Record how you were feeling as the activity or verbal interchange was taking place. Do not use this column to analyze the client's reactions –use it to identify and look at your feelings. Be as open and honest as you can and do not worry about having to use any special professional language-tell it as you feel it.

ANALYSIS OF YOUR INTERVENTIONS, AND IDENTIFICATION OF THEMES OR ISSUES IN THIS SESSION: Record the major issues you identified and label what interventions and interviewing skills you used in your interaction with the client(s).

SUPERVISORY COMMENTS: The supervisor will use this section to provide written commentary and feedback on your interactions with the client(s) in order to help you move towards greater proficiency in your knowledge, skills, and planning.

(Continued)

