

KATHLEEN M. PHELPS, LCSW

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PROFESSIONAL EXPERIENCE:

KATHLEEN PHELPS, LCSW, San Diego, CA

Therapist, *January 2003 to Present.*

Therapist in a private practice setting specializing in complex trauma, chronic pain, and illness. Provide consultation and expert witness testimony for attorneys related to clients' cases. Consultant to organizations for training and clinical supervision of social services staff. Provide consultation for Eye Movement Desensitization and Reprocessing (EMDR) trained therapists working towards certification.

SAN DIEGO STATE UNIVERSITY, SCHOOL OF SOCIAL WORK, San Diego, CA

Lecturer, Field Faculty Liaison, *August 2014 to Present.*

Instruct students, both undergraduate and graduate, related to their social work internships. Act as a liaison between the community agency and the university to bridge the classroom and practical learning in the social work field. Teach theories, interventions and techniques to students learning clinical skills to use with their clients.

SAN DIEGO EMDR REGIONAL NETWORKING GROUP, (Volunteer), San Diego, CA

Co-Coordinator, *January 2020 to Present.*

Present EMDR therapists in the entire region of San Diego with trainings and networking opportunities on a variety of clinical topics related to EMDR. Provide a directory to refer to one another clients based on specialty.

TRAUMA RECOVERY EMDR HUMANITARIAN ASSISTANCE PROGRAM (Volunteer), International

Training Facilitator, *May 2021 to Present.*

Facilitating low-cost trainings in EMDR therapy with clinicians who work at non-profit agencies. Working to treat victims of trauma and crises worldwide by expanding access to EMDR trained professionals.

PRECISION EMDR ACADEMY, San Diego, CA

Training Facilitator, *September 2019 to September 2020.*

Facilitating trainings in EMDR therapy with clinicians learning EMDR for the first time. Organized and supervised the practicum portion of the training as clinicians practiced skills they learned. Provided consultation post-training for attendees.

UNIVERSITY OF PHOENIX, San Diego, CA

Psychology Lead Faculty Area Chair, *September 2010 to January 2017.*

Managed the San Diego Psychology Program of this international teaching institution. Responsible for coordinating 43 instructors' uniform delivery of course objectives within set performance standards, monitoring instructors' adherence to administrative protocols, planning and designing the development and delivery of new programs, and evaluating, disciplining and coaching instructors while encouraging their continuous improvement. Created the Honors Psychology Club for students in 2012.

Faculty, *January 2006 to January 2017.*

Instructed undergraduate classes in the Human Services and Psychology Programs, as well as graduate classes in the Marriage and Family Therapy Program both in person and online.

KAISER PERMANENTE, Department of Psychiatry and Addiction Medicine, El Cajon, CA

Psychosocial Clinician II, *April 2000 to June 2016.*

Therapist for individuals, families and groups of various ages, cultures, and diagnoses in a health maintenance organization setting. Served as the Eating Disorder Case Manager for all San Diego County Kaiser patients. Groups included: eating disorders, couples communication, cognitive behavioral skills for depression and anxiety, work stress, and Dialectical Behavioral Therapy for personality disorders. Supervised second year graduate social work interns from San Diego State University (2002-2016).

MENTAL HEALTH SYSTEMS, INC., San Diego, CA

Clinical Supervisor, *April 2003 to July 2005.*

Clinically supervised case managers and clinicians in various programs working on their hours towards licensure and/or Masters degrees, both Licensed Marriage and Family Therapists (LMFTs) and Licensed Clinical Social Workers (LCSWs).

CALIFORNIA PSYCHIATRIC MANAGEMENT SERVICES: Bayview and VillaView Hospitals, Chula Vista, CA
Social Worker/Case Manager, *July 1998 to January 2003*.

Case manager for psychiatric hospital outpatient services, facilitating group and individual therapy, assessments and treatment planning for mentally ill adults. Instrumental in developing new outpatient services program at VillaView Hospital.

SAN DIEGO POLICE DEPARTMENT CRISIS INTERVENTION TEAM (Volunteer), San Diego, CA

Crisis Interventionist, *September 1999 to October 2000*.

Provided on-call services for crisis calls from the police; offered crisis intervention counseling and emergency referrals to victims, family and friends.

EDUCATION:

SAN DIEGO STATE UNIVERSITY, San Diego, CA

Master of Social Work, *May 1997*.

Concentration in Mental Health

UNIVERSITY OF CALIFORNIA SAN DIEGO, San Diego, CA

Bachelor of Arts, Psychology, *June 1993*.

SPEAKING ENGAGEMENTS:

May 2021 to Present: Presented with the Trauma Recovery EMDR Humanitarian Assistance Program. Facilitated trainings in EMDR therapy with clinicians learning EMDR therapy. Assisted with running practicums and supervising the use of EMDR skills for these clinicians. Provided consultation post-training for attendees. International.

September 2024: Presented to California Association of Marriage and Family Therapists (CAMFT). Provided training on chronic pain and illness, ways in which these issues affect clients, and treatment options including EMDR therapy. San Diego, CA

May 2021: Presented to San Diego Regional Networking Group. Provided training on chronic pain and illness, ways in which these issues affect clients, and treatment options including EMDR therapy. San Diego, CA

February 2022 Presented to San Diego Regional Networking Group. Facilitated training on the use of cognitive interweaves in EMDR therapy. Offered case consultation to group as a whole regarding complex cases and stuck points. San Diego, CA

2016-2022: Presented to San Diego State University School of Social Work. "Cultural Humility and Supervision", revised and presented annually at the Field Instructor training series for the School of Social Work. Additionally, presented to the faculty of the School of Social Work how to incorporate diversity and cultural material in their classrooms. San Diego, CA

CERTIFICATIONS:

Trauma Recovery EMDR Humanitarian Assistance Program, Certified Facilitator, *2021*.

EMDR International Association Approved Consultant Certification, EMDRIA, *2019*.

Certificate Program in Traumatic Stress Studies at the Trauma Center at JRI: United States, *2018*.

EMDR International Association Certification, EMDRIA, *2017*.

EMDR Level I & II, EMDR Institute, *2016*.

Certified in Dialectical Behavioral Therapy, Behavioral Tech: The Linehan Institute Training Company. *2001*.

LICENSE:

Licensed Clinical Social Worker, *December 2000* (LCS20058)