#### **CURRICULUM VITAE**

## Tamara L. Strohauer, MSW, LCSW #110023

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## **Educational History**

8/2014-5/2016	San Diego State University Master of Social Work, Direct Practice
7/2012-5/2014	<b>San Diego State University</b> B.A. in Liberal Arts and Sciences, Psychology Summa Cum Laude with Distinction in Psychology Minor: American Indian Studies
1/2010-5/2012	San Diego City College A.A. in Behavioral Sciences: Psychology Highest Honors Graduate

## Professional and Social Work/Clinical Practice Experience

1/2017 to Present

# SERVE Indigenous Social Workers for Change Project Coordinator San Diego State University, School of Social Work/CalSWEC

SERVE is committed to full equity, justice, well-being, and cultural preservation of American Indian/Alaska Native children and families by: increasing the numbers of Indigenous social work graduates; fostering inclusive leadership development; developing partnerships between Tribal sovereign nations, indigenous communities, and other stakeholders; and implementing decolonizing social work curricula to reflect community- based, culturally appropriate Indigenous values and the promotion of Indigenous sovereignty and self-determination.

- Recruitment of Native American students for BASW and MSW Title IV-E Child Welfare Stipend programs through outreach, community events, university and tribal partnerships
- Collaborate with Title IV-E Project Coordinators at twenty Schools of Social Work with focus on fostering relationships among universities and Tribal communities
- Mentor prospective students in the process of applying for and navigating higher education and professional training
- Mentor Native students from enrollment through graduation and employment
- Establish Tribal internship opportunities and Service Learning Agreements/MOUs across Southern California for BASW and MSW Title IV–E Programs
- Advocate for Native students across systems including university admissions, financial aid, and scholarship
- Partner with Native Resource Centers and Native American Studies Departments in support of all Native students while fostering inclusive relationships with schools of social work across universities
- Work to establish decolonizing curricula within social work programs
- Provide annual trainings on California Indian History, Historical Trauma, Cultural Humility, ACEs and ICWA for Schools of Social Work MSW Programs across California
- Plan and facilitate cultural events with community partners and universities
- Collaborate with Tribal entities including Southern California Tribal Chairman's

- Association (SCTCA), State Tribal Justice Collaborative
- SDSU Specific: Support the admission of a more diverse graduate student body by working with Admissions Committee to develop improved and more fair admissions rubrics and application processes
- Tribal Support Specialist on Tribal Pilot Project Grant
- Community Based Participatory Research with Academy for Professional Excellence
- Development of and participation in SDSU SSW Tribal Advisory Board
- Filmed Conference Events:
  - o Southern California ICWA Symposium 2024 (full website)
  - Culture and Ceremony in Social Work Practice 2023
  - o Decolonizing Social Work Empowerment Series (ISWA) 2022

## 2/2017 - Present

#### **Clinical Counselor/Consultant**

## SDSU American Indian Studies Department, Elymaash Yuuchaap Native Scholars and Leaders Program, and Native Resource Center

Provide individual and group counseling with Native American students to address stressors of school, trauma, family issues, grief and loss, and to foster belonging in partnership with Chair, professors, NRC Director, and staff. Provide consultation when needed on clinical issues for students as well as partner with traditional practioners to bring ceremonies to campus to support student wellness.

• ASW Supervision with Silvia Barragan, LCSW 2017-2022

#### 5/2017 - Present

## Co-Founder/Clinical Consultant/Counselor/Event Coordinator Southern California Warrior Spirit Coalition

From 7/2017-11/2018 participated in the National Roundtable Virtual Learning Collaborative on Native American Trauma Informed Initiatives with Dr. Vincent Felitti and Dr. Anthony R. Pico, Retired Chairman Viejas Band of Kumeyaay Nation.. This work culminated in the development of National Trauma Conferences in partnership with Tribal and Community Leaders, scholars, and traditional healing practitioners. As a member of this planning team, provide clinical consultation on the neuroscience of trauma and addiction, historical trauma, Adverse Childhood Experiences Study and Resilience. Participate in ceremonies and provide clinical counseling as needed.

"Calling Upon the Warrior Spirit to Heal Historical Trauma" Conference and Ceremonies

- o 4/2018 at Gila River Tribe
- 10/2018 at Viejas Kumeyaay Nation in San Diego
- o 4/2019 at at Navajo Nation, Window Rock
- Co-Chair of the <u>SDSU Native Truth and Healing California Genocide Conference</u> 11/2019
- Warrior Spirit Decolonizing Social Work Empowerment Series Event 2022
- Ongoing Community Events Participation
- Clinical Consultation and Counseling

#### 8/2022 - Present

## **Clinical Counselor/Consultant/Training Specialist**

#### **Acorns to Oak Trees**

Under the Native American Home Visiting Grant assisted with coordinating asset mapping with community partners and establishing best practices for working with regional Native communities and families. Assist with outreach and conference events to raise awareness of prevalence of Intellectual and Developmental Disabilities (IDD) among Native American children and services available to families through Acorns to Oak Trees and statewide Regional Centers. Provide counseling services, support, and IEP

trainings for parents and families.

## 1/2022 to 8/2022 **External Field Instructor/Supervisor**

Tule River Yokut Tribe Native Star Program/University of Nevada Reno MSW Program

- Provide weekly supervision for MSW Field Practicum
- Training on trauma informed practice with youth, NASW Code of Ethics and social work competencies.
- Support student in all manner of professional development through MSW internship in collaboration with Tule River Yokut Tribe

#### 7/2016 to 3/2017 Clinical Counselor

#### **SDSU Research Foundation DUI Program**

- Facilitated clinical group education sessions and client interviews in accordance with DUIP philosophy and State/County guidelines.
- Managed client caseload of 30-45 in accordance with program regulations and State/County requirements.
- Performed general trauma-informed counseling, motivational interviewing, provided grounding techniques to manage dissociative experiences, cognitive behavior tools to focus on both anxiety reduction, and distress tolerance, and stress management and relaxation tools including mindfulness to reduce hyper arousal.
- Facilitated collaborative treatment and recovery planning with an emphasis on personal choice and a focus on clients' goals, maintaining clarity of roles and boundaries in the counseling/client relationship.
- Provided appropriate referrals as member of the clinical team, identify strengths, coping resources and resilience of clients and the importance of ensuring physical and emotional safety.
- ASW Clinical Supervision with Melanie Barker, LCSW, MPH

## 8/2015 to 5/2016 Therapist Intern

## Sharp Mesa Psychiatric Hospital Vista Hospital

Intensive Outpatient Services: Dual Recovery

- Co-facilitated group therapy with LCSW supervisor using multiple therapeutic modalities
- Two process groups daily
- Lead weekly psycho-education sessions teaching CBT, DBT, Positive Psychology, Mindfulness, 12 step recovery model, SMART recovery model
- Individual therapy using Motivational Interviewing, CBT, DBT, Positive Psychology, Neuroscience, and Seeking Safety
- Conduct biopsychosocial assessments and suicide risk assessment (trained in Columbia Suicide Severity Rating Scale)
- Treatment planning; termination; discharge.
- Participate in weekly multidisciplinary treatment team meetings with therapists, psychiatrists, nursing staff, and social workers.
- Clinical Case Management: Meet individually with patients to outline treatment goals; provide outside referrals including community self help groups, vocational rehabilitation, physicians, psychiatrists, and outside therapists through insurance systems; utilize Motivational Interviewing skills to assess and support patients in stages of change regarding addiction.
- Trainings: CBT, DBT, Motivational Interviewing, ACT, Columbia Suicide Severity Rating Scale, Psychosocial Assessment, DSM 5 Diagnostics, Case Conceptualization, Treatment Planning

• Information Technology System: Cerner

## 8/2014 to 5/2015 Clinical Case Management Intern

## San Diego State University, Health Promotion, Division of Student Affairs

- Attend trainings in collaboration with Counseling and Psychological Services: Motivational Interviewing, suicide awareness and prevention, and Screening, Brief Intervention, and Referral to Treatment (SBIRT)
- Provide SBIRT in the medical offices of Student Health Services utilizing the Alcohol Use Disorder Identification Test (AUDIT) a screening measure which has been shown to be reliable and valid in identifying alcohol related health risks.
- Work closely with physicians, nurse practitioners, medical assistants, and psychologists, provide alcohol use education and brief interventions using Motivational Interviewing
- Facilitate referral to treatment for at risk students.
- Clinical case management: Providing students with a wide range of services including outside medical referrals, health insurance assistance (including applying for Medi-Cal, choosing a health plan and provider, and utilizing Medi-Cal), behavioral health referrals, provide resource information to homeless students.
- Options counseling for pregnancy: providing students with full education on pregnancy options, schedule medical appointments as needed, follow up.
- Information Technology System: Medicat.

## 1/2000-12/2013 Strohauer Painting: San Diego, CA

• Administrative Executive, Consultant, Artist

## 7/1998-6/1999 **Muscular Dystrophy Association:** San Diego, CA

- Fundraising
- Event planner

## 4/1995-2/1997 In-Home Support Services (IHSS): San Diego, CA

• Caregiver Responsibilities included all aspects of home health care diet and nutrition, administering medication including injections), hospital, radiation, and chemotherapy treatment visits, interacting with doctors, nurses, social workers, counselors, and hospice.

## **TEACHING EXPERIENCE:**

## 1/2018 to Present Lecturer, Field Faculty Liaison

San Diego State University, School of Social Work

- For all courses, updated curriculum to include cultural humility, cross cultural concerns in our communities, and weekly self-care assignments with journal reflections.
- Participated in CDI Training to develop a fully online social work course
- Foster inclusive safe and brave space conversations and include professional speakers to share with students their challenges and resilience providing services through COVID 19 pandemic and Black Lives Matter Movement.
- Created remote alternative assignments for student interns at all levels during
- Supported other faculty in learning to facilitate classes remotely

## **Courses Taught:**

- SWORK 120 Introduction to Social Work and Social Welfare
- SWORK 110 Introduction to Fields of Service in Social Work

- SWORK 110 Summer Online Course–Created as a fully online course; CDI in 2018
- SWORK 489A Field Seminar
- SWORK 489B Field Seminar
- SWORK 381 Micro Practice

#### **Guest Lecturer:**

- SWORK 650 Field Seminars-California History, Historical Trauma, ACEs & ICWA
- AMIND 215 Elymash Yuuchaap Mentoring Seminar-Self Care Lectures
- AMIND 485 Federal Indian Law-ICWA Lecture

## 1/2013 to 5/2016 **Teach**

## **Teaching Assistant: Department of American Indian Studies**

San Diego State University

Instructor: Richard Carrico, M.A.

- AMIND 140 US History from American Indian Perspective
- AMIND 141 US Government from American Indian Perspective

#### 8/2013 to 12/2013

## **Teaching Assistant: Department of Psychology**

San Diego State University

Instructor: Barbara McDonald, PhD

- PSY230 Developmental Psychology
  - Assist instructor with development of assignments, tests, and class discussions,
  - Lead chosen class discussions
  - Provide support to students.

## **Professional Development/Conferences/Trainings**

#### 2022 – Present

Attend Annual Trainings and Conferences including annual NICWA Protecting our Children and California State ICWA Conferences, California American Indian Symposiums on Intellectual and Developmental Disabilities, CSEC & HT Radar, +++

## Ongoing clinical trainings, certificates, & CEUs for LCSW

- Certified Dialectical Behavior Therapy Professional (C-DBT) Training: An Advanced Online Skills Training for Adapting Dialectical Behavior Therapy for Everyday Clinical Needs
- Trauma Responsive Care Giving Certificate—Catalyst Center Learning Hub
- Trauma Responsive Care Giving: Leadership & Systems
- Trauma Responsive & Attachment Informed Caregiving: Healing the Healers
- Trust Based Relational Intervention
- Suicide Prevention and Intervention
- NICWA Trainings
- California Tribal Justice Center Trainings
- California Tribal Families Coalition Trainings
- More available on request

#### 2018 - 2024

## **Tribal STAR Training for Trainers on ICWA**

Certification in ICWA Core Training for Child Welfare SocialWorkers

6/8-6/9/2016

## University of California San Diego

45<sup>th</sup> Summer Clinical Institute in Addiction Studies

## Department of Psychiatry/School of Medicine Center for Criminality & Addiction Research, Training and Application

## **Professional Memberships**

2016 to present California Association of Alcohol and Drug Educators

2015 to present National Association of Social Workers

2013 to 2016 American Association for Cancer Education

## **COMMITTEES AND OTHER SERVICE**

COMMITTEES	AND OTHER SERVICE
8/2024 - Present	Member SDSU BASW Committee
8/2024 - Present	Member SDSU HOPE Guide Team
9/2024 - Present	Member San Diego County 8th Generation Collaborative
2023- 2024	Co-Chair/Facilitator Southern California ICWA Symposium Planning Committee & Event Facilitation
2023 – Present	Co-Chair SDSU School of Social Work Tribal Advisory Board
2022 – Present	Faculty Advisor Building, Advancing, and Loving Indonesia (BALI) Club
2020 – Present	Member California Tribal Justice Collaborative
2019 – Present	Member CalSWEC Statewide Capacity Building Permanent Committee
2019 – Present	Faculty Advisor (Founder)  SDSU Indigenous Social Work Alliance (ISWA)  Student Success Fee Grants Received:  Decolonizing Social Work Webinar Series 2020-2021  Decolonizing Social Work Empowerment Series 2021-2022  NICWA Conference 2023
2018 – Present	Co-Founder/Member Southern California Warrior Spirit Collaborative
2017 – Present	Member SDSU School of Social Work Diversity Committee
2017 – Present	Faculty Mentor SDSU Native American Student Alliance/Native Resource Center

SDSU Elymash Yuuchaap Indigenous Scholars and Leaders Program

2017 – Present	Member Seventh Generation Workgroup Tribal STAR
20182022	Faculty Advisor SDSU Graduate Social Work Association (GSWA)
2018 – 2019	Co-Chair SDSU Native Truth and Healing California Genocide Conference
2017 – 2019	Founding Member National Roundtable Virtual Learning Collaborative for Trauma Informed Initiatives in Indian Country

## **Clinical Practice and Research Interests**

Alcohol and other drugs/Co-occurring disorders
Driving under the influence
Relationship of cultural trauma and substance use to youth suicides among Native Americans
Chronic illness prevention and quality of life improvement
Cultural health disparities

## **Research Experience**

7/2020-6/2022	SERVE Community Based Participatory Research Study SDSU Academy for Professional Excellence
5/2020-12/2020	<ul> <li>Co-PI &amp; Mentor Summer Undergraduate Research Program Award, SDSU</li> <li>Faculty Mentors: Ko, E. &amp; Strohauer, T. (Co-Mentor)</li> <li>Undergraduate Mentee SDSU School of Social Work</li> <li>Title: Cancer Care Access and Utilization among American Indian/Alaskan Natives (AI/AN).</li> </ul>
5/2015-5/2016	Researcher: SDSU School of SocialWork SDSU DUI Program: Center for Alcohol & Drug Studies  Responsibilities: Data cleaning/analysis investigating contributing factors to among female offenders with special interest in the impact of trauma, PTSD, other mental health concerns, and parental alcoholism on hazardous drinking behaviors and blood alcohol content.

## 1/2013-6/2015 Research Assistant

Chronic Illness Lab, San Diego State University Principal Investigator: Vanessa L. Malcarne, Ph.D.

- Responsibilities: Scleroderma Patient-centered Intervention Network (SPIN)
- Attend and participate in collaborative Body Image team meetings developing online psycho social interventions for scleroderma patients using CBT and ACT models.
- Collaborate with principal investigator and graduate students to develop poster and oral conference presentations.

#### 9/2011 to 6/2015

#### Research Assistant

# UCSD Moores Cancer Center Community Outreach Program Principal investigators: Vanessa L. Malcarne, Ph.D.

## Georgia Robins Sadler, B.S.N., M.B.A., Ph.D

- Assist in developing scripts for and filming of coping with cancer education DVDs for the Deaf community in American Sign Language.
- Participate in American Sign Language classes with Deaf interns from Gallaudet University to further ASL fluency, and attend meetings with Deaf Community partners.
- For Deaf Ministries Cancer Education Project: assist in entry, processing, and cleaning of data, analyze data, editing of existing paper on dissemination of cancer education videos through Deaf friendly churches.
- Collaborate with other students and lab members to develop conference presentations.
- Complete independent research projects, present findings at conferences, and seek publication in collaboration with principal investigators.
- Completed an Honors Thesis on the relationship of acculturation and fatalism to attitudes and knowledge about cancer clinical trials among Hispanic Americans.

#### 8/2012-12/2012

#### **Research Assistant**

Bilingualism and Cognition Laboratory, San Diego State University Eye Tracking and Language Processing in Bilinguals Project Principal Investigator: Henrike Blumenfeld, Ph.D.

- Responsibilities: Conduct standardized tests with participants, including PPVT, WASI Matrix, Numbers Reversed and Verbal Fluency
- Compiling visual stimuli and corresponding word lists for a German-English eye-tracking study, voice-over recording for eye-tracking tests.

## **Publications**

Hohman, M., Kleinpeter, C., & **Strohauer, T. L.** (2018). Bringing up what they don't want to talk about: Use of screening, brief intervention, and referral to treatment (SBIRT) for alcohol misuse and depression in a community college health center. In R. H. Rooney & R. G. Mirick (Eds.), Strategies for work with involuntary clients (p. 461–477). Columbia University Press. <a href="https://doi.org/10.7312/roon18266-019">https://doi.org/10.7312/roon18266-019</a>

## **Oral Presentations and Papers**

- **Strohauer, T. I.,** Ruis, L., Sutton, G., Llerandi, M., Premo, S., Fereti, C. (2019, November). *Child Welfare and ICWA: Healing our Children and Communities*. Panel Presentation for the 2019 SDSU Native Truth and Healing California Genocide Conference, San Diego, California.
- Strohauer, T. L., Rainer, M., & Zukovsky, Z. (2019, October). California Native History and Historical Trauma. Panel Presentation for the CalSWEC Bay Area ICWA Symposium, Berkeley, California
- **Strohauer, T. L.** (October, 2019) *California History, Historical Trauma and ACEs.* Meeting of the Minds 2019: Powerful Past, Phenomenal Future, Marina Village Conference Center, San Diego, California
- **Strohauer, T. L.** (2019, June). *California Indian History, Historical Trauma, ACEs, Resilience and ICWA*. Oral presentation for the 26<sup>th</sup> Annual California State ICWA Conference: ICWA at a Crossroads. Pala Resort, Valley Center, California.

- **Strohauer, T. L.**, Rainer, M., Zukovsky, Z. & Premo, S. (2018, October). *SERVE Indigenous Social Workers for Change Child Welfare, Historical Trauma, ICWA and Resilience*. Panel presentation for the 2018 Calling Upon the Warrior Spirit to Heal Historical Trauma Conference and Ceremony. Viejas Kumeyaay Nation, San Diego, California
- Strohauer, T. L. & Ranier, M. (2018, April). Shifting perceptions: Impacts of colonization and honoring resilience in California's Indigenous Communities. Oral presentation for the 2018 CalSWEC Title IV-E Summit, San Mateo, California.
- **Strohauer, T. L.** (2016, October). *The relationship between cultural identity and co-occurring depression and substance use among American Indian adolescents*. Oral presentation for the 31<sup>st</sup> Annual California Indian Conference, San Diego, California.
- Barker, M., Reily, K., **Strohauer, T. L.** & Hohman, M. (2016, August). *Women in DUI Programs: Demographic, Alcohol Use, Trauma, and Cultural Needs.* Oral presentation for Substance Use Disorders, 2016 Statewide Conference, Orange County, California.
- **Strohauer, T. L.,** Hohman, M., Finnegan, D., Barker, M., & Min, J. W. (2016, March). *Relationships of Trauma, PTSD, Mental Health, and parental Alcohol Use Patterns to BAC Among Female DUI Offenders.* Oral presentation for San Diego State University Student Research Symposium.
- Strohauer, T. L., Mills, S.D., Fox, R.S., Malcarne, V. L., & Sadler, G. R. (2014, March). Relationship of acculturation and fatalism to knowledge and attitudes about clinical trials among Hispanic Americans. Oral presentation for San Diego State University Student Research Symposium.
- Malcarne, V. L., Mayes, M. D., Assassi, S., Fox, R. S., Gholizadeh, S., Gottesman, K., Harcourt, D., Kwakkenbos, L., Jewett, L. R., Mendelson, C., Mills, S. D., Rumsey, N., Strohauer, T. L., Williamson, H. & Thombs, B. D. (2014, February). Developing an Intervention for Body Image Distress in Systemic Sclerosis: An Update from the Scleroderma Patient-centered Intervention Network (SPIN). Accepted for poster presentation at the biennial meeting of the Systemic Sclerosis World Congress, Rome, Italy.
- Strohauer, T. L., Mills, S.D., Fox, R.S., Marlcarne, V.L., & Sadler, G.R. (2013, September).

  Relationship of acculturation and fatalism to knowledge and attitudes about clinical trials among Hispanic Americans. Oral paper presented at American Association for Cancer Education International Conference, Seattle, WA.
- **Strohauer, T. L.**, Mills, S.D., Fox, R.S., Malcarne, V. L., & Sadler, G. R. (2013, August). *Relationship of acculturation and fatalism to knowledge and attitudes about clinical trials among Hispanic Americans*. Oral paper presented at the UCSD Moores Cancer Center Young Investigators Symposium, La Jolla, CA.

## **Invited Talks**

- 2018-Present Self Care Workshops
  - Elymash Yuuchaap Native Scholars and Leaders Program, San Diego State University, Tribal agencies including Sycuan Medical/Dental Center
- 2017-present *California Indian History, Historical Trauma, Cultural Humility, ACES and ICWA* Provide trainings for MSW students including Title IV-E Stipend students at SDSU, CSU Dominguez Hills, CSUN, CSULA, CSU Long Beach, Chico State University, CSU San Marcos, UCLA, CSU Fullerton, CSU San Bernardino, CSU Stanislaus (these talks are ongoing throughout California Universities annually)

2017-present	Interested in Social Work? San Diego State University, Psychology Department Introduction to	
	Counseling and Psychotherapy class guest speaker each semester on careers in psychology professional panels	
6/3/2022	Trauma Informed, Contemplative Practice and Self Care with Sycuan Band of Kumeyaay Nation, Sycuan Medical Dental Center Staff Professional Development Day	
8/12/2021	All My Relations Sycuan Education Center Staff Professional Development day long training on ACEs and culturally responsive, trauma informed practice	
7/10/2020	Trauma and Accidental Overdose: Healing through the 2020 Fentanyl Crisis. Rez Beats and Warrior Spirit Youth Matter Online Event, in partnership with Indian Health Council Inc.	
5/2017	Transferring from Community College to a Four-Year University Psi Beta National Honor Society in Psychology 2017 Induction Ceremony, San Diego City College, San Diego Community College District	
5/2014	Take a "Mental Selfie" Outstanding Graduating Senior in Psychology Keynote San Diego State University Psychology Awards Ceremony	
5/2013	Transferring from Community College to a Four-Year University Psi Beta National Honor Society in Psychology 2013 Induction Ceremony, San Diego City College, San Diego Community College District	
5/2012	Claim Your Future Today Greater San Diego Academy 2012 Commencement San Diego Aerospace Museum, Balboa Park	
5/2011	Live Life Deliberately San Diego City College 2011 Commencement Keynote Balboa Park Organ Pavilion	
Honors and Awards		
2024 Chamr	pion for Communities, Families, and Children, Tribal STAR	

- 2021 Champion of Collaboration for ICWA Tribal STAR
- 2020 Outstanding Undergraduate Professor, SDSU College of Health and Human Services
- 2018 Champion for Justice and ICWA Compliance through Training, Tribal STAR 15th Annual Celebration
- 2016 Phi Alpha National Honor Society of Social Workers
- 2014 Outstanding Graduating Senior in Psychology, San Diego State University
- 2014 Phi Beta Kappa National Honor Society, San Diego State University
- 2013 Honor Society of Phi Kappa Phi, San Diego State University
- 2012 Golden Key International Honor Society, San Diego State University
- 2012 Psi Chi, International Honor Society of Psychology, San Diego State University
- 2011 Psi Beta, National Honor Society of Psychology for Community Colleges, San DiegoCity College
- 2011 Leora Dumlao Honors Special Achievement Award, San Diego City College
- 2011 Chancellor's Award of Excellence, San Diego City College

## **Scholarships/Fellowships**

2015-2016 SDSU Women's Association Scholarship SDSU Graduate Equity Grant

2014-2016 Phi Kappa Phi National Graduate Fellowship
Phi Kappa Phi Graduate Fellowship, San Diego State University Chapter
Cesar Chavez Scholarship, San Diego State University
SDSU Phi Beta Kappa, Brian Billotte Memorial Scholarship
2013-2014 Conrad Klement Memorial Scholarship, San Diego State University
Osher Scholarship for California Community College Transfer Students,
San Diego State University
2012-2013 Doris Hendren Scholarship, San Diego Foundation
2011-2012 Leora Dumlao Honors Special Achievement Scholarship,
San Diego City College
Friends of Downtown Scholarship, San Diego City College
Osher Community College Scholarship, San Diego City College
Larry Schwartz Memorial Scholarship, San Diego City College

2010-2011 Chancellor's Scholarship, San Diego City College Dimensions Women's Group Scholarship Friends of Downtown Scholarship, San Diego City College Larry Schwartz Memorial Scholarship, San Diego City College