UG Gerontology Course Map

Table 1: List of Courses Required for Pre-Major and Major in Gerontology Undergraduate Program

Pre-Major (21 units)		
Courses	**Course Title**	**Units**
1. GERO 101 (Fall/SU)	Introduction to Human Aging	3
2. GERO 250 (SP)	Intergenerational Issues and the Elderly	3
3. CFD135	Principles of Family Development (Dept. of Child and Family Development)	3
4. BIOLOGY 100	General Biology	3
5. PSY 101	Introductory Psychology	3
6. PH101	Introduction to Public Health	3
7. SW110 (Fall/SU)	Social Work Fields of Service	3
Major (36 units = 24 required + 12 elective course units)		
Required Courses		
1. GERO 310 (Fall)	Biology of Aging	3
2. GERO 360 (SP)	Diversity and Aging	3
3. GERO 370 (SP)	Images of Aging in Contemporary Society	3
4. GERO 400A (Fall/SP)	Practicum in Gerontology (A)	3
5. GERO 402 (SP)	Aging Network	3
5. GERO 520 (Fall)	Analysis of Programs for the Aging	3
6. SWORK 381 (SP)	Practice Skills Micro	3
8. SWORK 391 (Fall/SP)	Methods of Social Work Research	3
Elective Courses (4 out of 6)		
ENS 433	Exercise, Sport, and Aging	3
PSY 380	Cognitive Psychology	3
COMM 321	Intro to Health Communication	3
GERO 400B (Fall/SP)	Practicum in Gerontology (B)	3
GEN S 420	Disability and Society	3
SWORK 382 (Fall)	Practice Skills Macro	3
SWORK 483A (Fall)	Generalist Social Work Practice I	3
PH 362	International Issues on Aging	3
GERO 496	Experimental Topics	3
GERO 499	Special Study	3

SU = courses offered during **Summer** term
Fall = courses offered during **Fall** term
SP = courses offered during **Spring** term

(Last updated, AY 2025-2026)

Table 2: Course Sequences for Gerontology Undergraduate Major

2025-2026

Junior Year			
Fall	Unit	Spring	Unit
GERO 310 (R) SWORK 391 (R) GERO Elective Course (E) ONE Exploration (3 or 4) course	3 3 3 3	GERO 360 (R and EXP. 4: Social and Behavioral Sciences) GERO 370 (R) SWORK 381 (R) GWAR Course	3 3 3 3
Senior			
Fall	Unit	Spring	Unit
GERO 400A (R) GERO 520 (R) GERO Elective Course (E) ONE Exploration (3 or 4) course	3 3 3	GERO 402 GERO Elective Course (E) GERO Elective Course (E)	3 3 3

R = Required Course for Major and must be taken during that semester only.
E = Major Elective
EXP 2/5, 3, and 4 = GE upper division Exploration Course
***GERO 310, 360, and 370 must be completed before enrolling in GERO 400A
***To enroll in Gero 400A, you must contact the Gero Internship Director, Prof. Amanda Lee at amanda.lee@sdsu.edu at least 6 months before starting.

*This course sequence does not include the Language, American Institutions requirements, Ethnic Studies, or any other GE requirements you may need.

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