

## SISTAH FRIEND

For Kim Archuletta, LCSW

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Time passes. Life happens. distance separates.  
Children grow up. Jobs come and go.  
Love waxes and wanes. Men don't do  
what they're supposed to do.  
Hearts break, Parents die.  
Colleagues forget favors, Careers end.  
salaries get lean, BUT.....

Sistah Friends are always there,  
no matter how much time and how  
many miles are between you.  
A sistah friend is never farther away  
than needing her can reach.

Sometimes, a Sistah Friend will even break the rules  
and decide to walk beside you...  
even though you are in the line of fire,  
if necessary they will just come in and carry you out.

Kim, You have become my Sistah Friend.  
Sometimes we take friends for granted  
and forget to say thank you.

I don't know how else to say this,  
I thank you very much  
for always being there for me  
with your gentle, friendly touch  
You helped me to get better  
and stop what I regret  
you helped me through the hard times  
that, I can't forget.  
thank you.

You listened to my problems  
in a kind and caring way  
and without you  
I may not be smiling today  
thank you.

I trust you with my secrets  
that no one has been told  
I trust you with my feelings  
and in my heart, your words I'll take  
until I'm grey and old  
thank you.

I hope you continue to inspire  
and soar, even if we don't see  
each other any more,  
you will always be  
my Sistah Friend.