

# Psychosocial Rehabilitation Specialist (Mental Health Worker)

**Mission:** Alpine Special Treatment Center Inc.'s (ASTCI) mission is to provide an environment where adults with mental illness and co-occurring disorders transition from acute crisis to stabilization. Clients' safety and well-being is maintained while encouraging and promoting individuals highest level of independence through an integrated, individualized and comprehensive therapeutic program. ASTCI provides a welcoming environment and goal oriented program that gives the mentally disabled and dually diagnosed individual the tools necessary to transition back into the community while maintaining a more independent lifestyle.

**Facility Information:** ASTCI is a secure, 116-bed mental health rehabilitation facility located 28 miles east of downtown San Diego. ASTCI has been providing services to the County of San Diego for 40 years. Our facility is CARF accredited, and recognized for excellence in providing treatment to clients, most of whom are conserved due to severe disability. We are proud to announce that Alpine Special Treatment Center has been selected as the 24-hour Program of the Year by the Mental Health Recognition Committee of San Diego. This is validation of our excellent program and dedication to our clients. ASTCI is open 365 days a year, 24 hours a day. You can learn more about Alpine Special Treatment Center Inc. by visiting: <http://astci.com>

Alpine Special Treatment Center, Inc. is currently seeking dynamic, caring, bachelor-level clinicians to support clients in a direct-care, team-based environment within an inpatient treatment setting. In addition, Alpine Special Treatment Center, Inc. is seeking individuals with an interest in leadership, and the ability to manage and provide support to a team of direct care staff during their shift. The position is fast-paced, team oriented and provides the opportunity for clinicians to gain experience in the treatment of clients struggling with severe and persistent mental illness while also gaining skills in leadership, compliance, and therapeutic interventions.

## **Duties:**

The Psychosocial Rehabilitation Specialist position works closely with clients in a direct-care, team-based environment on the secure dual-diagnosis unit, to provide daily care to clients residing at the facility. Initially, entry level Psychosocial Rehabilitation Specialists learn the facility's policies and model of care and complete duties in line with the facility policies and model of care.

Duties include the facilitation of groups and activities that support the psychosocial rehabilitation model, monitoring and observation of clients, activity of daily living support, documentation, crisis prevention/intervention, contraband searches, inventory checks, admission and discharge preparation with clients, and medication/meal monitoring.

This position is offered under direct supervision at all times. Additionally, this position must demonstrate strong professionalism skills, dependability and adherence to HIPAA, client rights, safety and other pertinent regulations associated with client care.

Advancement on the career ladder to Behavioral Health Workers (Psychosocial Rehabilitation Specialists) level II, III or IV is possible with demonstrated competency against the benchmarks outlined in the job description with related increases in the pay rate.

The ability to make a difference in clients' lives, increase knowledge of mental illness, enhance leadership, interpersonal and communication skills is limitless in this fast-paced and supportive environment.

**Work Schedule(s):** Full-Time (40 hrs per week) or Part-Time (up to 30 hours per week)

**Working Days:** Mon, Tue, Wed, Thu, Fri, Sat, Sun

1st Shift 7:00am to 3:30pm.

2nd Shift: 3:00pm to 11:30pm

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**NOTE:** Shifts may vary depending on client care needs, days off may not include standard weekend days or holidays. Flexibility in scheduling is favored.

## **Salary/Benefits:**

Salary Range starting at \$16.00 per hour. Competitive rate will be determined, and commensurate with qualifications, and experience, with an excellent benefit package, including health and dental plans, 401(k) plan with employer match, flexible spending accounts, paid leave, and much more. Weekend shift differentials are available, along with holiday premium pay.

Comprehensive training to include crisis de-escalation certification (provided by the facility within first 90 days of employment).

Company-paid health insurance for full-time employees within 90 days includes: Medical, Dental, Vision, Life/AD&D, and Long-Term Disability.

Paid time off (PTO)

401(k) retirement program.

Behavioral Health Workers (Psychosocial Rehabilitation Specialists) are eligible for additional career advancement/promotional opportunities through a progressive level system.

## **Key Requirements**

- Must pass pre-employment physical examination
- Must be proficient in written and spoken English
- Designated Drug Testing required
- Able to successfully pass a criminal background Investigation (DOJ/FBI)
- Verification of educational credentials through a certified transcript.

## **Qualifications:**

**Education or Training:** Graduation from High School or GED (required). Baccalaureate degree from an accredited college or university in Psychology, Social Work, Counseling, Behavioral Sciences, or related field (or graduating within 3 months) preferred.

Successful candidates may be given credit for additional experience in lieu of an education. This exchange is assessed on an individual basis and may be achieved through additional, demonstrated experience in the fields of counseling, psychology, nursing, social work or closely related fields or positions at the sole discretion of the hiring manager and/or the Human Resource Department.

**Experience:** Minimum of (2) two years' experience working in a mental health setting may be substituted for the educational requirement. (6) Six months to (1) one year of experience in a long term acute care setting (preferred).

**Certification:** Current/Valid CPR certification (AHA AED/BLS/Healthcare Provider).

## **Knowledge of:**

- Basic knowledge of treatment procedures within the Psychosocial Rehabilitation Specialist scope of practice such as interventions common to acute psychotic, as well as non-violent crisis intervention practice.
- Working knowledge of Federal, State, and local laws, regulations, and requirements for the provision of mental health services and programs.

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- Basis knowledge of: computer information (software and/or hardware), including word processing, spreadsheets, database, and desktop publishing; business correspondence format and style; business terminology; computer operating system commands
- Basic knowledge of: medical, legal, or other specialized mental health terminology

## **Ability to:**

- Communicate effectively both verbally and in writing to provide instruction and educational information to individuals and groups.
- Establish and maintain effective working relationships with other department employees, representatives of other agencies and organizations, and members of the community.
- Ability to exercise self-control and professional approach when dealing with situations such as being verbally or physically confronted in a threatening or aggressive manner by clients.
- Ability to independently seek out resources and work collaboratively with various levels of staff.
- Ability to use sensory and cognitive functions to process and prioritize information, support, and follow-up.
- Ability to remain focused, organized, and exhibit excellent problems solving and time management skills.
- Ability to anticipate customer needs, understands their expectations and respond appropriately.

## **Skill:**

- Skill in utilizing an empathetic approach with clients and their families.
- Skill in proficiently recording activities with a attention to detail, document assessments, plan of care, interventions, evaluation and re-evaluation of client status.

## **WORKING CONDITIONS AND PHYSICAL REQUIREMENTS**

### **EQUIPMENT USED:**

Standard office equipment including, but not limited to, personal computer and associated hardware and software, telephone, copier, calculator, and fax. Utilizes and ensures adherence facility policy and procedure with federal and state guidelines with respect to equipment and materials.

## **WORKING CONDITIONS AND PHYSICAL REQUIREMENTS**

**Environment:** Work is primarily conducted indoors with occasional travel to other locations or outside agencies to provide program services or attend meetings. Incumbent experiences routine exposures and hazards of a typical office environment and the frequent noise associated with an inpatient mental health facility. There will be frequent interaction with persons who are mentally ill, disabled, elderly and emotionally upset. May be exposed to visible or reasonable anticipated blood or other bodily fluids contamination. May clean up human waste and other bodily fluids as necessary.

**Physical:** Primary functions require sufficient physical ability and mobility to walk, stand, and sit for prolonged periods of time; to occasionally stoop, bend, kneel, crouch, crawl, climb, reach, twist, grasp, and make repetitive hand movement in the performance of daily duties; to lift (up to 50 pounds occasionally), carry, push, and/or pull light to moderate amounts of weight; to operate assigned equipment and vehicles; and to verbally communicate to exchange information.

**Vision:** See in the normal visual range with or without correction.

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**Hearing:** Hear in the normal audio range with or without correction.

**DRUG-FREE WORKPLACE:** Our organization is a drug-free workplace that provides employment opportunities in compliance with all pertinent federal, state, and local laws and values that promote employee participation in the delivery of quality services to and on behalf of the community. Accordingly, the Department celebrates diversity in the workforce.

**DIVERSITY STATEMENT:** Diversity is a core value and foundation concept at within our organization. Catalyzing the power of diversity enriches all of us by exposing us to a range of ways to understand and engage with the work, identify challenges, and to discover, define and deliver solutions. Our organization prepares all staff members to work in an increasingly diverse and global society by promoting equity for all individuals regardless of age, race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex, gender identity, gender expression, sexual orientation, military or veteran status, or any other status protected by federal, state, or local laws. Our organization is committed to fostering a diverse and inclusive environment and seeks candidates committed to working with a diverse workforce and client population.

Job Type: Full-time

Pay: \$16.00 per hour