

Anya Nevarez
Licensed Clinical Social Worker
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Objective

To inspire ethical and innovative social work practice by incorporating the National Association of Social Workers Code of Ethics and current research trends in lectures and lesson plans.

Education

University of Southern California May 2014
Master's in Social Work

San Diego State University May 2006
Bachelor of Science in Criminal Justice Administration

Qualifications

- Passionate about supporting and fostering student success in a university environment.
- Committed to the ongoing innovation of the field of social work through participation in continued education.
- Sixteen years of experience in the field of social work.
- Experience working with a multitude of populations varying in socio-economic status, cultures, age, sexual orientation and gender identity.
- Licensed through the State of California Board of Behavioral Sciences as a Licensed Clinical Social Worker.
- Certified as a Master of Social Work student field instructor through the San Diego State University field education program.
- Experienced user of Intern Placement Tracking (IPT).
- Experienced and comfortable with hosting virtual meetings on various platforms such as Zoom, Webex, Skype, and Microsoft Teams.
- Familiar and experienced user of Canvas teaching management system.

Teaching Experience

Fall 2021 San Diego State University, School of Social Work: Social Work Field Seminar, SW489

January 2021: Training for Richard J. Donovan mental health staff, "Department of State Hospital Screening, Referral, and Documentation".

January 2021: Training for Richard J. Donovan mental health staff, "Interdisciplinary Collaboration and Mental Health Roles in Custody Proceedings".

Fall 2017- Present: Field instructor for various local and online universities. Provides field placement guidance, mentorship, and assists students in linking theory to the practice of clinical social work through individual and group supervision.

Professional and Internship Experience:

Richard J. Donovan Correctional Facility, California Department of Corrections & Rehabilitation
Supervising Psychiatric Social Worker September 2021-Present

Responsible for overseeing all aspects of an outpatient mental health program which included coordination and implementation of substance abuse and mental health services within a correctional facility. Outpatient program provides services to over one hundred high security inmates with co-occurring or severe mental illness. Managed a staff consisting of twelve licensed professionals:

- Supervised, reviewed, and evaluated the clinical work of staff as well as student interns.
- Reviewed patient charts, treatment plans, assessments, and provided clinical consultation to unit staff.
- Implemented a strategic plan for continuity of patient care during COVID-19 pandemic which impacted staffing and mode of service delivery.
- Conducted staff trainings that ranged from clinical topics to agency policy to various audiences and disciplines.
- Monitored performance measures to ensure adequate patient care as well as unit licensing compliance.
- Prepared monthly unit licensing reports for institution managers and headquarter quality control staff.
- Collaborated with other disciplines to support each other's mission and maximize treatment efficacy.
- Conducted patient interviews as a quality control measure.
- Interviewed applicants and conducted reference checks.

School of Social Work, San Diego State University

Adjunct Lecturer

August 2021- Present

Delivered engaging lectures in a classroom setting. As a subject matter expert in the field of social work, ties theory to practice with the use of visual aids, research articles, Socratic dialogue, and assessment of written or oral class assignments:

- Taught and facilitated field seminar and functioned in role of university field liaison to the student and agency.
- Created syllabus according to the goals and objectives of the department.
- Prepared Power Point presentations and coordinated guest speakers.
- Determined student mastery of material and assigned final course grades from evaluation of tests, quizzes, homework, and other assignments and activities related to course material.
- Incorporated multiple teaching approaches that target different learnings styles.
- Researched trends in social work in order to ensure students and university remain competitive and up- to-date with current practices.
- Collaborated and engaged with a multitude of social service agencies and programs across San Diego County.

Richard J. Donovan Correctional Facility, California Department of Corrections & Rehabilitation

Unit Clinical Lead

September 2015- September 2021

Provided outpatient mental health and substance abuse services to maximum security prison population. As a clinical lead, was responsible for coordinating patient care, providing guidance and consultation to colleagues, triaging mental health referrals, and supporting unit operations in alongside and in absence of supervisor:

- Treated substance abuse, mood, psychotic, and characterological disorders through individual and group therapy.
- Diagnosed mental illness following criteria outlined in the Diagnostic and Statistical Manual of Mental Disorders 5.
- Developed, monitored, and modified treatment plans in collaboration with multidisciplinary treatment team and patient.
- Provide guidance and consultation to unit staff in high-risk situations such as danger to self, duty to warn, and Prison Rape Elimination Act incidents to ensure compliance with legal, ethical, and departmental policies.
- Trained and provided clinical supervision to Master of Social Work practicum students.
- Evaluated student performance and provided feedback to support skill development.
- Maintained continuity of unit operations during periods of frequent management transitions.

Richard J. Donovan Correctional Facility, California Department of Corrections & Rehabilitation

Supervising Psychiatric Social Worker (Acting)

March 2020-June 2020

Responsible for overseeing all aspects of an outpatient mental health program which included coordination and implementation of mental health services, and monitoring performance outcomes to a unit of over ninety high security and severely mentally ill patients within a correctional facility. Managed a staff consisting of six licensed professionals and two recreational therapists:

- Supervised, reviewed, and evaluated the clinical work of staff as well as student interns.
- Reviewed treatment plans and assessments and provided clinical consultation to unit staff.
- Implemented a strategic plan for continuity of patient care during COVID-19 which impacted staffing and mode of service delivery.
- Conducted staff training that ranged from clinical topics to agency policy.
- Monitored qualitative measures to ensure adequate patient care as well as unit licensing compliance.
- Prepared monthly unit licensing reports for institution managers and headquarter quality control staff.
- Collaborated with unit supervisors from other disciplines to support each discipline's mission and maximize treatment efficacy.
- Conducted patient interviews as a quality control measure.

Independent Living Skills Program, Child Welfare Services of San Diego County

Social Worker III

September 2013- September 2015

Provided supportive services for foster youth ages 15 to 21 who were transitioning out of child welfare custody:

- Provided education on independent living skills such as budgeting, job seeking, and housing.
- Discussed decision making skills and goal setting through the use of motivational interviewing, problem solving, and solution focused interventions.
- Connected youth to community resources specific to their needs.
- Provided college and financial aid application support and guidance.
- Collaborated with multiple service providers such as county workers and court appointed advocates to coordinate youth focused services.
- Facilitated team meetings that addressed barriers to success and identified an interdisciplinary action plan to remove those barriers alongside youth.

Jary Barreto Crisis Center, Community Research Foundation

Psychosocial Rehabilitation Specialist

May 2014- September 2015

Psychosocial Rehabilitation Specialist, Intern

September 2013- May 2014

Provided acute inpatient treatment for psychiatric emergencies for San Diego County residents living with severe mental illness:

- Provided daily, short-term individual and group therapy using evidence-based interventions.
- Modeled appropriate interpersonal skills via milieu therapy.
- Conducted suicide risk assessments.
- Followed Welfare & Institutions Code 5150 protocols when danger to self was reported.
- Collaborated with client to develop treatment plans that addressed substance abuse and/or mental health symptoms.
- Supported discharge planning through referrals to board and care, sober living, shelters, outpatient care and community mental health services.
- Participated in utilization review committee alongside colleagues and clinical supervisors to ensure accurate and quality client care was provided.

In-Home Supportive Services Program, Aging and Independency Services of San Diego County

Social Worker III

February 2012-September 2013

Supported client independence and worked to prevent the institutionalization of elderly and disabled clients:

- Completed functional assessments to determine client limitations and need for higher level of care.
- Ensured appropriate in-home care services were authorized per program regulations.
- Assessed home environment for safety and ensured basic standard of needs were met.
- Conducted mini-mental status exams to gauge severity of cognitive limitations for those living with Alzheimer's disease.
- Followed mandated reporter laws related to elderly or dependent abuse.
- Provided testimony at administrative law hearings justifying outcomes of county approved services and benefits.

Stand Up for Kids, Inc.

August 2012- May 2013

Counselor Intern

Provided counseling and case management services to a diverse population of homeless youth ages 13 to 21:

- Assisted youth in accessing social services ranging from medical care, shelter, and school enrollment.
- Facilitated psychoeducation groups related to intimate partner violence, commercial and sexual exploitation, and sexually transmitted diseases.
- Provided individual counseling to address a multitude of substance abuse and mental health problems.
- Trained staff on mandated reporter laws and reporting procedures.

Community Services for Families Program, Social Advocates for Youth, Inc.

July 2007- February 2012

Family Support Worker

Aided in the prevention of child abuse and reunification of Child Welfare Services involved families. Program provided services to a multitude of San Diego County families who varied in socioeconomic status, culture, ethnicity, race, sexual orientation, and disabilities.

- Provided evidence-based in-home parenting education to reduce rates of child abuse, and increase reunification outcomes.
- Provided intimate partner abuse counseling and safety planning to victims and perpetrators.
- Utilized principles of trauma-informed care to engage and support individual clients and family systems.
- Assessed risk factors for child abuse on an ongoing basis and reported abuse per mandated reporting laws.
- Intervened and assessed crisis situations including removal of child, domestic violence, loss of shelter, and job loss.
- Collaborated with county child welfare services worker to assess progress and risk.

San Diego Teen Court, Inc

May 2005-June 2007

Client Services Coordinator

Coordinated and managed diversion services for juvenile offenders. Program targeted at-risk youth, and of low socioeconomic status. The goal of the program was not only to educate youth about the judicial process and inspire a career in law, but also to reduce the number of at-risk youth being referred through the traditional court process.

- Oversaw all aspects of case management services that were provided by volunteers to ensure compliance with program guidelines, mandated reporting laws, and social work ethics and practice.
- Recruited, interviewed, trained, and supervised volunteers and practicum students.
- Maintained a positive working relationship with the San Diego Police Department to ensure qualifying youth offenders had access to diversion services.
- Collaborated with local high schools to maintain active pool of youth volunteers.
- Prepared monthly grant summaries to ensure funding source stipulations were met.
- Provided monthly summary of services to board members.

Affiliations

San Diego State University Field Advisory Board

Member

- The board meets on a quarterly basis in order to review field program policy and implementation, as well as to obtain feedback from field instructors and host community agencies.

California Society for Clinical Social Work, San Diego Chapter

Fellow, and local chapter steering committee member

- CSCSW provides legislative updates, continuing education, and networking and mentorship opportunities to clinical social workers across the state of California, as well as social work students from various local universities.

National Organization of Forensic Social Work

Member

- NOFSW supports advancements in the field of forensic social work through journal publications, annual conferences, and political action.