

# CLAUDIA GONZALEZ, LCSW, PPSC

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## ACADEMIC HISTORY

San Diego State University School of Social Work  
Master of Social Work and Pupil Personnel Services Credential (2018)

San Diego State University School of Social Work  
Bachelor of Art in Social Work with minor in Sociology (2014)

## LICENSES AND CERTIFICATIONS

Licensed Clinical Social Worker in California (LCSW#100328), March 2021-Current

Pupil Personnel Services Credential, September 2018-Current

The Grief Recovery Method Certification, February 2020

Certified Positive Discipline Parent Educator, April 2021

## UNIVERSITY EXPERIENCE

**San Diego State University** August 2021 -current  
Part Time Lecturer

- Deliver Field Seminar Instruction: SW489

**San Diego State University** August 2021 -current  
Field Instructor

- Provide supervision for BSW student 16 hours per week

**California State University San Marcos** August 2020 -May 2021  
Field Instructor

- Provide supervision for MSW student 20 hours per week

## PROFESSIONAL EXPERIENCE

**Imperial Beach Community Clinic**  
Behavioral Health Director, Therapist

December 2018-current

Full-time (40 hours/week) position at a Federally Qualified Health Center serving South San Diego, integrating behavioral and addiction treatment services in a primary care setting.

- Oversight of all behavioral health services and operation functions within the department and across primary care.
- Develop positive outcomes in patient care, network enhancement, and data management.
- Assure compliance with contract standards/provisions and recordkeeping requirements; act as the agency liaison with contractors.
- Provide individual in-person/telehealth and group psychotherapy services for those struggling with a mental health diagnosis and/or addiction.
- Identify ongoing staff hiring needs and training and develop a training plan involving in-services and off-site opportunities in coordination with human resources.
- Complete intake assessments for clients in need of mental health and addiction treatment services.
- Manage caseload of 100+ clients with mild to moderate mental health diagnosis and addiction treatment services.
- Conduct clinical outreach for individuals struggling with substance use disorders.
- Through an Assertive Community Treatment (ACT) model, I connect with community members who are struggling with substance use disorder and introduce them to our behavioral health program.
- Build and maintain collaborative relationships with hospitals, shelters, law enforcement agencies, recovery centers, faith based organizations, and other non-profit organizations that serve the San Diego South Region community.
- Ensure smooth transition of clients from partner agencies into mental health and/or substance use disorder services.
- Provide clinical and administrative supervision to the care management team, bachelor and graduate student interns.
- Participate in a multidisciplinary healthcare team and provide leadership in representing clinical social work perspectives with patients and families.

**UC San Diego Health**  
Pediatric Clinical Social Worker

July 2018-December 2018

Full-time (40 hours/week) Clinical Social Worker providing case management and clinical counseling to individuals who are infected and affected with the physical and psychological challenges associated with HIV.

- Lead pediatric clinical social worker providing psychosocial support to children, adolescents, and their families.
- Conducted comprehensive psychosocial assessments, care plans, intensive case management, and coordination of treatment services for HIV positive patients.
- Ensured that all treatment plans and delivery complied with federal, state, and local social work code.
- Documented and/or reported suspected child abuse/neglect, domestic violence, elder/dependent adult abuse, chemical dependency, and mental health crises.

**San Diego State University School of Social Work**  
Graduate and Research Assistant

August 2015-June 2018

Temporary (5-10hrs per week) graduate assistant to School of Social Work Director Dr. Melinda Hohman and research assistant to Dr. Lianne Urada.

- Developed social media plan and presence to brand SDSU School of Social Work through handles, hashtags, for current/prospective student engagement across different social media platforms.
- Conducted faculty interviews for the school of social work spotlight for social media and school social work web page.
- Live tweeted and co-hosted live twitter chats for student engagement.
- Translated and analyzed qualitative interviews for research publication in a peer-reviewed journal.

**Chula Vista School District**  
School Social Work Intern

August 2017-May 2018

Field placement at the largest school district in San Diego providing social-emotional learning and support to K-12 students and their families.

- Collaborated a multidisciplinary team to understand and meet the needs of students.
- Provided crisis intervention, case management, individual and group counseling to K-12 students.
- Facilitated groups according to specific needs within the student population – social skills groups, anger/impulse control groups, student empowerment groups, and classroom push-ins with Second-Step, Mind-Up and Zones of Regulation curriculum.
- Conducted parent interviews and behavior health assessments with students.

**Instituto Madre Asunta/Migrant Shelter**  
International Social Work Intern  
Tijuana, B.C., Mexico

August 2016-May 2017

Field placement at a women and children migrant shelter in Tijuana, providing psychosocial support to newly arriving international migrants fleeing violence, persecution, war, famine, natural disasters and limited opportunities in their home countries.

- Provided direct case management services to all clients through legal, medical, housing, and employment assistance.
- Conducted crisis intervention, risk assessments, and brief counseling support to individuals with severe trauma.
- Facilitated and coordinated psychoeducational support groups for residents.
- Documented and maintained client records in accordance with agency policies and funding requirements.
- Supervised bachelor social work students from the United States and Mexico completing their volunteer or practicum hours by providing guidance and academic support.
- Lead organizer for the Binational Social Work Conference at SDSU in coordination with Escuela de Trabajo Social de Tijuana. Recruited guest speakers and coordinated a +300 guest event with binational collaboration.

**Imperial Beach Community Clinic**  
Behavioral Health Care Manager

January 2013-August 2016

Full time(40 hours/week) position as a care manager coordinating treatment and ensuring effective communication between collaborative teams to support patient care.

- Supported and coordinated primary and behavioral health care services with the patient's care management team.
- Completed risk assessment, drug and alcohol screening with all patients and consulted with the clinical team for appropriate treatment referrals.
- Supported patient psychotropic medication management by focusing on treatment adherence, side effects and other complications.
- Provided brief counseling using evidence-based techniques such as motivational interviewing, behavioral activation.
- Provided follow-up treatment response by using evidence-based tools (PHQ-9, GAD-7) to measure patient improvement.

**San Ysidro School District**  
Case Manager Families First Intern

August 2014-May 2015

Field placement at a K-8 school district, providing case management services to families who are experiencing non-permanent housing in compliance with McKinney-Vento Act.

- Provided support to students and families with attendance issues through home visitations and case management. Collaborated with the School Attendance Review Board (SARB) to support students and family through problem solving and planning.

- Helped coordinate services for homeless families in the district among schools, shelters, and housing agencies.
- Referred families to appropriate social service agencies based on families and student's needs.
- Encouraged students to participate fully in all school activities and programs which they were eligible.

**Imperial Beach Community Clinic**  
Case Manager and Research Assistant

June 2011-January 2013

Full-time (40 hours/week) position coordinating primary and behavioral health integration to facilitate care for patients with severe mental illness in an outpatient county contracted mental health site (Maria Sardinas Wellness and Recovery Center).

- Completed client intakes to Primary Behavioral Healthcare Integration (PBHCI) Wellness project for Substance Abuse and Mental Health Services Administration (SAMHSA) with the goal of improving the physical and mental state of individuals with co-occurring disorders.
- Coordinated SAMHSA grant requirements by collecting quantitative and qualitative data to report back to the federal government.
- Provided intensive case management services by transporting patients with SMI to establish primary care and facilitate the intake process.
- Promoted wellness by providing group classes (i.e, walking group, ZUMBA, aquatics) to increase physical and social level of functioning.

## **TEACHING EXPERIENCE**

- Prepare material and deliver Trauma Informed Care training to +100 staff.
- Deliver presentations throughout the South Region community to various social service organizations on topics related to addiction treatment, mental health, and Medication Assisted Treatment.
- Facilitate various groups (addiction treatment, mindfulness, positive discipline) by teaching evidence based curriculum to clinic patients.
- Facilitated social emotional learning curriculum to 30+ student classrooms.
- Developed and provided curriculum for 300+ webinar attendees for Mental Health Technology Transfer Center funded by Substance Abuse and Mental Health Service Administration (SAMHSA).

## **AWARDS AND GRANTS**

HRSA: *National Health Service Corps Awardee*

July 2021

OSHPD: *Health Professional's Education Foundation Awardee*

March 2020

Student Success Fee: *Extending Learning Opportunities  
for Future School-Based Social Work Professionals*

November 2018

## **PUBLICATIONS AND PRESENTATIONS**

**Gonzalez C**, Brouwer KC, Reed E, Nicholls MJ, Kim J, Gonzalez-Zuniga PE, Gaeta-Rivera A, Urada LA. Women Trading Sex in a U.S.-Mexico Border City: A Qualitative Study of the Barriers and Facilitators to Finding Community and Voice. *Sexes*. 2020; 1(1):1-18.  
<https://doi.org/10.3390/sexes1010001>

Urada, L., Outerino, B. P., & **Gonzalez, C.** (2019). Trata de Personas: Una Preocupación Global del Trabajo Social. *Técnicas de diagnóstico, intervención y evaluación social* (pp. 319-335). Madrid: UNED - Universidad Nacional de Educación a Distancia,

Sweetwater Union High School District, Adelante Mujer Conference: Lets Talk About Mental Health, Guest Speaker (April 2022)

SDSU School of Social Work: A Trauma-Informed Mental Health Workshop for Immigrant & Refugee Communities & Service Providers, Panelist (May 2021)

The Needs and Joys of our (Im)migrant Students, Families, and Community Partner, Mental Health Technology Transfer Center Network, Facilitator (May 2021)

Sweetwater Union High School District, Adelante Mujer Conference: Using Your Voice to Talk About Mental Health, Guest Speaker (March 2021)

Binational Social Work Conference, Refugees Asylees & Social Work in the U.S., Mexican Border, Panelist (May 2019)

National City School District Parent Summit 2018, Keynote Speaker (September 2018)

SDSU School of Social Work All School Day: Social Work on the Border, Panelist (May 2018)

## **PROFESSIONAL EXPERIENCE**

### **Professional Affiliations**

*Graduate Student Board Representative*  
California School Social Workers Association

State of California  
June 2017- May 2018

*Co-Founder and President*  
Student Association of School Social Workers at SDSU

San Diego, CA  
August 2017- May 2018