### **Students and Field Instructors:**

As per field curriculum course requirements, a biopsychosocial assessment must be completed on each client assigned to the student intern. All outline items shall be completed for each client assessment. The student may use the agency assessment instrument when if contains all of the items listed below, otherwise utilize the remaining issues as an addendum to complete the assignment and for the student's learning.

# **Client Systems Assessment Outline**

## I. Identifying Information (Descriptive)

Name

Age, Sex, Race

Ethnic background

Current employment

Marital status

Household composition and circumstances (current living situation)

#### **II. Initial Presentation:**

- A. Appearance, orientation, overt behavioral or cognitive symptoms
  - B. Presenting Problem:
    - 1. Problem as reported by the client
    - 2. Problem as reported by the referring person (if applicable)
  - C. Who made the initial contact?
  - D. Onset of the problem, duration, severity

### III. Brief History

- A. Family Background, including inter-generational themes, family dynamics, cultural assessment
- B. Relevant medical /developmental history

### **IV. Current Functioning**

- A. Current Stressors
- B. Relationships: family, friends, co-workers
- C. Adequacy of Role Functioning
- D. Coping and Adaptive skills (strengths)
- E. Barriers, risks affecting the problem

#### V. Assessment tools

- A. Eco map
- B. Genogram
- C. Culturagram
- D. Risk Assessment (suicide, homicide, violence, child abuse, domestic violence, substance abuse)
- E. Assessment Worksheet

## VI. Self Assessment:

- A. Ethical dilemmas
- B. Counter transference issues
- C. Social work roles and techniques you used during the initial phases

#### VII. Summary

- A. Overview/summary of the current issue, stressors, strengths
- B. What do you think is going on at the micro/mezzo/macro levels?
- C. Some initial steps towards a solution

# **Assessment Worksheet**

	Identifying information	Initial Presentation summary:	Brief History	<b>Current Functioning</b>	Summary
		appearanceorientationovert behavioral/cognitive symptomswho made contactproblem onset	family backgroundsummarize: ecomap culturagram genogram risk assessmentdevelopmental/ medical history	current stressors -relationshipsrole adequacycoping & adaptivebarriers	Overview of current issue, stressors, strengths initial steps towards a solution
Micro level					
Mezzo level					
Macro level					